

**For Immediate Release**  
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## **FOUR IDAHO COMPANIES RECEIVE PSYCHOLOGICALLY HEALTHY WORKPLACE AWARD**

**Program Rewards Employers for Creating Workplaces  
That Foster Employee Health and Well-being While Enhancing Organizational Performance**

*(Treasure Valley, December 2010)* – Four organizations will receive a Psychologically Healthy Workplace Award from the Idaho Psychological Association. Award recipients include:

**TitleOne Corporation** of Boise  
**STRITE design + remodel** of Boise  
**Lone Star Middle School** of Nampa  
**Cherry Gulch** of Emmett

“In this time of high job stress and increasing demands on employees, these exemplary workplaces have made it a priority to create environments that are sensitive to the health and well-being of their workers,” says Debra Aubrey, Ph.D., president of the Idaho Psychological Association. “By rewarding these organizations for their efforts, we hope others will take notice and implement similar programs in their workplaces.”

The Psychologically Healthy Workplace Award was created to recognize organizations that understand the link between employee health and well-being and organizational performance and have implemented a variety of workplace practices in an active effort to create a positive work environment.

Each applicant was judged on criteria including: employee involvement; health and safety; employee growth and development; work-life balance; and employee recognition. The four organizations are being recognized for achievements in all of these areas.

According to a 2004 poll by the American Psychological Association, two-thirds of both men and women say work has a significant impact on their stress level, and one in four has missed work because of stress.

The awards will be handed out at the organizations’ upcoming staff meetings or at IPA’s annual membership meeting in April. For more information about the Psychologically Healthy Workplace Award, which is supported by the American Psychological Association, please contact James Bruce, PHWA Committee Chair for the Idaho Psychological Association at 345-1414 or [Psychserve@wwdb.org](mailto:Psychserve@wwdb.org).

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